Løype
News of the North Star Ski Touring Club
www.North-Stars.org
Volume 53 - Number 4 - Summer 2021

LØYPE **North Star Ski Touring Club**
P. O. Box 4275, St. Paul, MN 55104
www.north-stars.org

NSSTC 2020-2021 Board of Directors
President: Dave Buending, 952-486-0836, Club.President@north-stars.org or ad2b@arrl.net
Vice President: Sharon Mickleson, 612-806-5310, VicePresident@north-stars.org or sharonmmickleson@gmail.com
Secretary: Karen Buggs, 651-297-0111, ClubSecretary@north-stars.org or buggs745@hotmail.com
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Wednesday Wanderers: Carol Krush 612-229-5282, carolkrush@gmail.com
Trail Development: Jon Clark 612-275-9556
Tools Supervisor: David Siskind, 612-929-0205, dsiskind@earthlink.net
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Meeting Hospitality: Rita & Gerry Manninen, 612-789-2503
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Historian: vacant
Volunteer Coordinator: Barb Wahman, 651-483-0327
Government Liaison: Arne Stefferud, 651-332-3872
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Loype submissions (messages, articles and photos): editor@north-stars.org or David Siskind: dsiskind@earthlink.net

The Løype is published by seasons. Deadlines for articles & news are the first of the month before the distribution date.

Fall 2021	Deadline: August 1, 2021	Distribution date: September 1, 2021
Winter 2021/2022	Deadline: October 1, 2021	Distribution date: November 1, 2021
Spring 2022	Deadline: February 1, 2022	Distribution date: March 1, 2022
Summer 2022	Deadline: April 1, 2022	Distribution date: May 1, 2022

eLøype submissions: eloype@north-stars.org, Published weekly. Deadlines: 6 p.m. Wednesdays

Trip submissions: Submit trip info for the Master Activities Schedule via email with full event details to Ann Rhea, Schedules@north-stars.org or acrhea@gmail.com

World Wide Web: http://www.north-stars.org
Electronic mail: nsstc@north-stars.org

Cover: Molly Henke with the pedal to the metal.
Back page: Biking in Door Co, WI in 2013, Photo probably by Eric Ramstad.

CLUB NEWS AND MESSAGES

President Dave Buending and Others

We have some new board members. See the Organizational page (#2). Please use the official NS email addresses if possible.

The “spring” banquet has been scheduled for October 17, returning to Keller Golf Course. The sign-up form is in this Løype,

A Bob O’Hara article is in the Minnesota Conservation Volunteer magazine, March edition. The full article "When the Green Light is On You Go" can be viewed at: mndnr.gov/mcvmagazine

Editor: Things are slowly getting back to normal: the picnic, trail work, open streets, and the banquet.

Carol Krush on Weds Wanderers

OK, all you NSSTC WWs --I'm looking for outing leaders in May and June, knowing that some of you are not yet ready to participate, let alone lead an outing.

So--if you'd like to lead a bike ride, a hike or something else, I'd love it if you contacted me to tell me which date you'd prefer to lead. I can send you a template and an example of the type of outing description we will need to advertise your outing. You can set your own parameters and those who are comfortable with your parameters can make their own decisions about participating and/or communicate with you by email or phone.

As of April 1, here are five still available dates through June: May 5, 12, June 2, 16 and 23.
Other dates already scheduled.
You can reach me at my email address, carolkrush@gmail.com or phone me at (612) 229-5282.

Hope you'll all consider volunteering!
Thanks! Carol

Jane Norman on Rudi’s Meeting Presentation

After Rudi Hargesheimer's presentation on the Superior Hiking Trail on March 9th, I was asked to list some of the organizations that help and support our club’s purpose and contribute to our great outdoor environment.
Below are the three that Rudy mentioned.

1. Superior Hiking Trail Association. Contribute to or join on line. Yearly Membership $35.00.
2. Parks & Trails Council of Minnesota
Annual Membership $35.00 and donations are appreciated.
3. Minnesota Conservation Federation. Individual Membership starts at $25.00.

Rudi’s hardcover "The Superior Hiking Trail Story" can be purchased through the Parks and Trails Council for $35.00, shipping included. Buy at parksandtrails.org/events

TRAILWORK

I don't know details yet, but I think we need a "heads up": Sept 30-Oct 2, Thurs-Sun (AK) Trail Clearing at Camp du Nord. SAVE THE DATE!! Also need a co-leader!! More details will be in the fall issue of the Løype. FFI: Dana Siskind, 612-929-0205.

NS PICNIC – AUGUST 1

Mark your calendars for our annual picnic that will be held Sunday, August 1st at the Minnehaha Regional Park picnic area, Wabun site B, from 4 - 8 pm.

As a result of so many unknowns as to what the future of Covid will be, we are not making any plans as of yet for food sharing. If you are planning to attend this year's picnic, please check the e-Loype for more details toward the end of July.

We will have the picnic, and like last year if needed, we will take precautions and ask everyone to wear masks. But the hope is that this will not be necessary. As in the past, the club will provide ice water, lemonade, pulled pork, buns, napkins and glasses. We ask you to bring your own eating utensils and plates, and possibly a dish to share with serving utensils.

We look forward to getting together with as many of you as possible this August 1st.
Sharon Mickelson, (new Vice President)
Jane Norman (past Vice President).

Announcing Open Streets Minneapolis 2021 reserved dates

by Nick Ray Olson
on February 26, 2021

Our Streets Minneapolis, in partnership with the City of Minneapolis, is excited to announce the dates reserved for Open Streets Minneapolis events in 2021. These events will only take place if public health officials and our local partners believe it is safe in light of the ongoing COVID-19 pandemic.

If it is safe to do so, we will host the following Open Streets Minneapolis events in 2021:

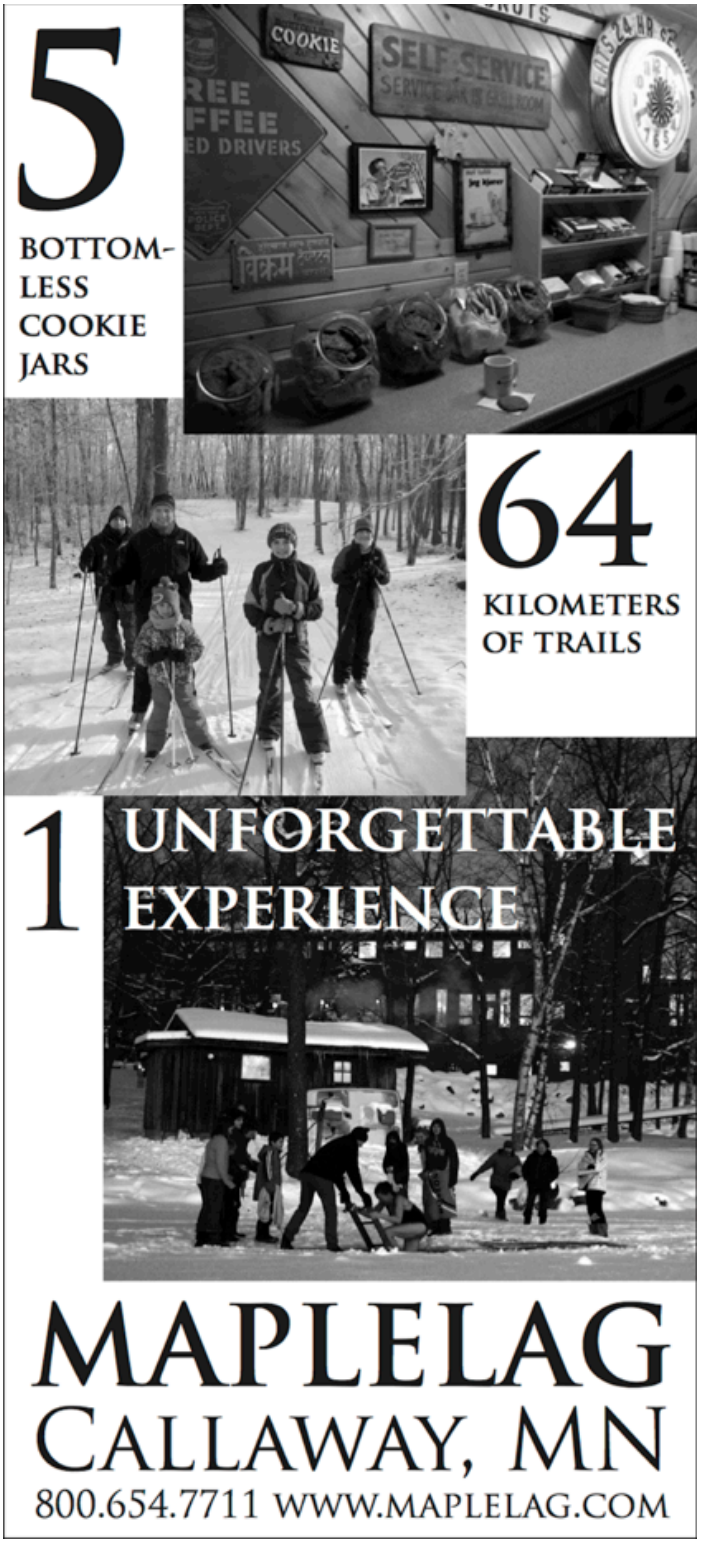
- Franklin | Sunday, July 11
- East Lake | Sunday, July 25
- Northeast | Sunday, August 1
- West Broadway | Saturday, September 11 (hosted locally by the West Broadway Business and Area Coalition)
- Nicollet | Sunday, September 19
- Lyndale | Sunday, October 10
- Minnehaha | Sunday, October 24

We will announce whether we will host each event eight weeks prior to the reserved date. If we are able to host the event, businesses, organizations, and volunteers will be able to sign

Dana and I will head up two of these. One will be Lyndale Ave. S. in October, and we'll help with some others.

We are hoping for other leaders and, of course, help in peopling all the times we'll be displaying.

Ed. David Siskind.



LINKS TO OUR ADVERTISERS

Please support them as they support our club and our sport.

Americinn, Silver Bay, MN: http://www.americinn.com

Finnsisu: http://www.finnsisu.com

Maplelag: www.maplelag.com

Joe's Sporting Goods: www.joessportinggoods.com

Midwest Mountaineering: www.midwestmtn.com

Chip and Laura's European bike trip: last heard was that it was still "a go" for the fall of 2021 and that it was full.

Check with them: 651-429-2412

ACTIVITY SCHEDULE

April

April 21, Wed {WW} Hike around Lake McKusick to Stillwater and back on the Brown's Creek Trail. The hike is 6 miles but you may do less distance and turn around where you choose. Meet at 9:45 a.m. and begin hiking at 10:00. Lunch in Stillwater after the hike. There are many takeout options and we will eat outside at tables along the St. Croix. Masks and social distancing are required.
Directions: Meet at Brown's Creek Park, 8312 Neal Ave N, Stillwater, MN 55082. The park entrance is on Neal Ave., south of the intersection of McKusick Rd and Neal Ave.
FFI: George Vania, gjvania1@gmail.com or 651-269-2751.

April 28, Wed {WW} Hike and Picnic at Willow River State Park.
Willow River State Park, 1034 Co Hwy A, Hudson, WI 54016. Meet in the parking lot next to the Nature Center. You will need to purchase a day pass if you don't have one for Wisconsin parks. Meet in the parking lot at 10:15; we'll start hiking at 10:30. A picnic stop is planned at the gorgeous Willow Falls 3/4 way through the hike. Total distance is approximately 6 miles with a few steep ups and downs. Bring a friend who hikes at your pace. This will be rescheduled if it is pouring rain.
FFI: Fran Howley, franmhowley@gmail.com, 612-869-8971

May

May 19, Wed (WW) Bike Ride in the Western Suburbs. Leisurely ride starts at 3424 Zinran Ave. South, St. Louis Park, MN 55426. Meet at 9:30 a.m. Bike at 9:45. Bike about 2-3 hours. Bag lunch.
FFI: Cathy Manning (952) 649-8537(C), cathymanning_mn1@comcast.net

May 26, Wed {WW} Hike with Ann & Bruce, 651-698-4210

June

June 9, Wed {WW} Hike with Barb Mahowald, 952-894-1194/952-261-3104

June 30, Wed {WW} Bike with Pat Nelson, 952-893-1054/952-465-1338

August

Aug 1, Sun. {A} NS Picnic at Wabun area in Minnehaha Park (see Club News and Messages)

September

Sept 30 to Oct 3, Thurs to Sun. Trail clearing at du Nord (see Club News and Messages, Trailwork)

October

Oct. 17, Sunday. NS Banquet. Our delayed "spring" banquet is returning to Keller Golf Course. Registration form is elsewhere in this Loype.

February 2022

Feb 7-14. Methow Valley Washington. Timed to coincide with the Ski to the Sun cross-country marathon in Methow. Plans are underway by Craig Freeman, 612-387-4589.

Feb 19-26. Stokely Creek. Leaders are expecting they'll be open then and the dates requested are to be verified. It will be two travel days and six skiing days. We expect and hope that COVID will be a thing of the past. Stay tuned! Janet Jensen 612-861-7489, Marcy Otypka 651-447-3532

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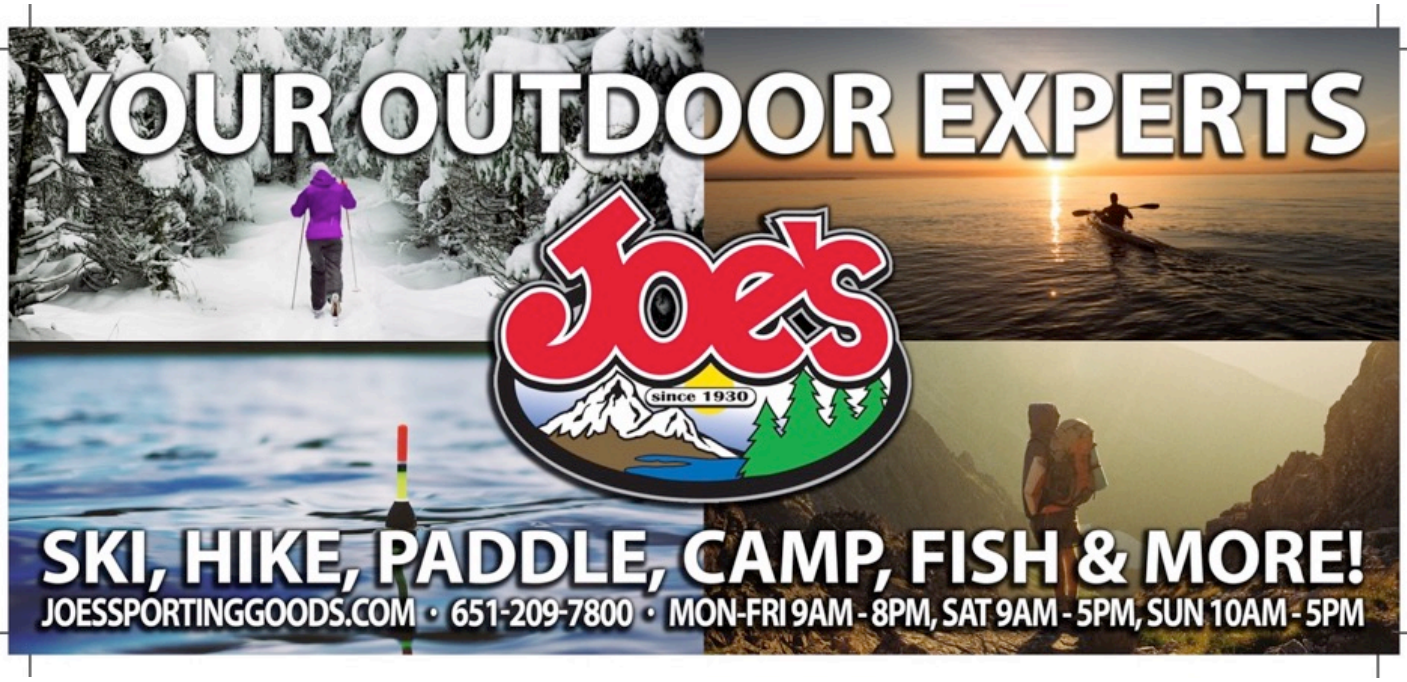
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NSSTC "SPRING" BANQUET

SUNDAY, OCTOBER 17, 2021

Keller Golf Course*, 2166 Maplewood Drive, Maplewood, MN*

4:30 PM Cash Bar and Socializing
6:00 PM Dinner and Program

Cost: $34/person

There are two ways to Register:

1 Complete the form below indicating your meal choice(s), then… **Mail the completed form and your check for $34/person payable to NSSTC to:**

Florence Fadell
4360 Brookside Court #105
Edina, MN 55436

2 **Online reservations:** $35/person (includes $1 processing fee).
Link here to pay by credit card

NOTE: **Reservations are required by Monday, Oct 4.** No walk-ins or late registrations will be accepted and no refunds can be given.

FFI: Carol Wahl at cjwahl@comcast.net, 651-338-2741 or
Fran Howley, franmhowley@gmail.com, 612-869-8971

MENU CHOICES

Entrees are accompanied by plated Salad(V, GF), Chef's Choice of Vegetable, Artisan Bread Basket with Sweet Butter, Coffee or Tea, and Dessert (V=Vegan; GF=Gluten Free)

Grilled Beef Medallions with Bordelaise Sauce (GF) Herb Roasted Potatoes, Fresh Vegetable

Grilled Salmon (GF), Citrus Butter Glaze**,** Herb Roasted Potatoes, Fresh Vegetable

Grilled Portobella Mushroom Stack (V,GF) Vegetable Risotto/Spinach/Balsamic Glaze

Please **print** your name(s) and meal choice(s)

Name_____Entree choice_____

Name_____Entree choice_____

NORTH STAR SKI TOURING CLUB

North Star Ski Touring Club

Membership Form

Name:
Additional Name (s)
Address
City State Zip
E-mail
Telephone ( ) -
Cell Phone ( ) -

I'm Interested in:

- ☐ Singles
- ☐ Lead Trips
- ☐ Assist Trip Leaders
- ☐ Trail Work
- ☐ Family/Kids
- ☐ Volunteer for Special Projects
- ☐ Lead Day Hike/Bike/Ski
- ☐ Other: Specify _____

☐ I do **not** want my phone # listed in the printed membership roster

☐ I **already** receive the Wednesday Wanderers weekly e-mail, or
☐ I wish to receive the Wednesday Wanderers weekly e-mail

☐ I **already** receive the weekly e-Loype, or
☐ I wish to receive the e-Loype weekly emai

How did you learn about the North Star Ski Touring Club?

_____

Membership Type (please select one) *(1/1/2020)*

	Newsletter via online only		Newsletter via 1st Class Mail	
	Individual/Solo	*Family/Household*	*Individual/Solo*	*Family/Household*
1 year	$20 ☐	$20 ☐	$30 ☐	$30 ☐
2 years	$38 ☐	$38 ☐	$58 ☐	$58 ☐
3 years	$56 ☐	$56 ☐	$86 ☐	$86 ☐

Notes: The club newsletter (Loype) is published quarterly and is available online to all members. Online saves money and trees
Membership fee covers all individuals at one address; it is not a per-person cost.

Payment Information

Membership Amount $_____
Trail Fund Donation $_____
Total Amount Enclosed $_____

We encourage a donation of $5 or more to help support trail improvements.

We encourage you to register and pay membership dues online at www.north-stars.org
You can also mail this form and a check to:
NSSTC, Inc.
P.O. Box 4275
St. Paul, MN 55104-0275

10

NSSTC Trip Reservation and Waiver Form – for scheduled multiday club trips

Trip date(s) _____ Destination _____ Number of places _____

Membership expiration date _____ (Check the address label on your Loype.)

Deposit enclosed _____ (Make checks payable to the trip leader.) NOTE: Trip deposits will be refunded only if the cancelled reservation can be filled and no additional cost is incurred by trip leaders or other participants. Any refunds will be made after the trip is completed. Any non-refunded deposits will be applied to trip expenses.

Name _____ Name _____

Home phone _____ Day phone_____ This is my (our) first trip _____

Street address_____ This is a new membership _____

City, state, zip _____ E-mail _____

Emergency Contact: Name _____ Relationship _____ Phone _____

WAIVER: I acknowledge that the following activity, _____, has inherent risks, hazards and dangers for its participants, including risk of injury or death, and in consideration of my participation, I agree for myself, my heirs, successors, executors and subrogees to hold harmless for any claim for any damages or injuries to myself or any minor child or ward of mine the North Star Ski Touring Club (NSSTC), its members, trip leaders and officers, and further agree to defend and indemnify NSSTC from any claim or injuries to said minor child or ward of mine.

Members of this party have the following physical or medical conditions or dietary needs the trip leader should be aware of:

_____Name, signature, and date are required for adult member(s) of party.

Name _____ Signed _____ Date _____

Name_____ Signed _____ Date _____

Name(s) of minor children

_____

(Minors must have parent or guardian sign

Signed _____Date _____

Leaders: After trip, mail completed forms to NSSTC Safety Coordinator, P.O. Box 4275, St. Paul, MN 55104.

Rev 1/14/12

Additional forms are available from the club's website, www.north-stars.org. Click on "Resources" tab and then on "Document Library."

Evie and Jeanne heading up Leader's appreciation Picnic in 2012.

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